

**A N N U A L
R E P O R T**

2019—2020

**BLOOMINGDALE TOWNSHIP
YOUTH SERVICE BUREAU**

**MICHAEL D. HOVDE, JR.,
SUPERVISOR**

BLOOMINGDALE TOWNSHIP YOUTH SERVICE BUREAU

ANNUAL REPORT

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BLOOMINGDALE TOWNSHIP

YOUTH SERVICE BUREAU

STAFF

Ray Wanders, Administrator

Dawn Arimura, Clinical Supervisor/Family Therapist

Chelsea Geiseke, Family Therapist

Toni Gary, Family Therapist

BLOOMINGDALE TOWNSHIP

YOUTH SERVICE BUREAU

PURPOSE

The purpose of the Bloomingdale Township Youth Service Bureau shall be to provide a comprehensive program of human resources to meet the unique needs of our youth and their families. Efforts will be made to identify the needs and problems of young people and when appropriate, their family systems. These problems will be brought to the attention of the community by sharing resources and skills in an effort to resolve these problems.

The Bureau may provide direct services to assist young people and their families in working through their problems, and also may involve young people in a wide range of activities that will enable them to seek out their own identity and community.

FISCAL YEAR SUMMARY

The Bloomingdale Township Youth Service Bureau remains committed to making family and youth services available to the residents of Bloomingdale. We have entered our 49th year of service to the community.

The future for children today is focused on the continuing concerns about healthcare, financial security, and violence. The Youth Service Bureau is a community-based agency that routinely delivers the kind of resource proven to be effective in helping children and their families move toward finding workable solutions. Since we cannot change *yesterday*, we can certainly make the most of *today* and look forward with hope toward *tomorrow*. The very end of the fiscal year was the beginning of the Covid-19 quarantine which affected how services were provided to clients. We will be adaptable as we go forward to meet the challenges of mental health needs for the community.

The Youth Bureau Service staff participates in professional development and community outreach programs throughout the year. Many of the seminars and conferences are continuing education necessary for Illinois Department Financial and Professional Regulation licensing. Please refer to Pages 8-9 for the complete list.

Staff participated in a number of community-sponsored events held during the course of the year, which included: Bloomingdale Character Counts Coalition, Red Ribbon Week, Character Counts Celebration Week, Family Health Fair/Glendale Heights, Hanover Police Department Social Service Meeting, the Association of Illinois Township Committees on Youth, Township Officials of Illinois, and the DuPage Juvenile Officers Association.

The 2019-2020 Annual Report was the joint effort by Karen Kramer, Chelsea Gieseke and Dawn Arimura. The staff of the Youth Service Bureau has reviewed the past fiscal year and respectfully submits the following Annual Report.

BTYSB SERVICES FOR 2019-2020
Counseling

The Family Counseling Program is designed to offer parents and their children an opportunity to engage in a process by which problems are discussed in a constructive and effective way. Often time through the family life cycle, parents and their children get stuck. At its deepest level, this feeling of being stuck may contribute to difficulties of living such as substance abuse, chronic family conflict, a suicidal teen, or it may produce a child who ran away and refuses to return home.

The Family Counseling Program stands ready to work constructively with families on issues that are becoming part of our social fabric. Increasingly the needs of immigrant families have become evident to this community. The expansion of counseling services to the underserved 18-25 year old population assists them with the launch into adulthood. Grandparents bringing up grandchildren represent 4% of the families seeking counseling. Smart phones provide new opportunities for social media bullying and sexting, but also tools to track a child's location. The Family Counseling Program is designed to help create a dialogue by which all family members are educated, problem issues are clarified, and solutions are defined.

Helping youth with school-related problems is another service provided by the Family Counseling Program. Here, parents and their children discuss with counseling staff anything from ways to improve study habits to major school conflicts and truancy. The families are referred to the township from a variety of sources. School and local police departments refer 70% of the clients to the Family Counseling Program. Continued increases in demand for counseling exceeds our capacity thereby necessitating a waiting list for services and referrals to other agencies.

Working cooperatively with various community groups, such as the police, schools, and community mental health agencies allows the Family Counseling Program to deliver more concise and timely assistance to youth and their families.

PRESENTING PROBLEMS AND REFERRAL SOURCES

The primary presenting problems for Counseling Services during 2019-2020 were the following:

Divorce Issues	Aggression & violence
Use/Sale of Drugs	Self-concept/Self Esteem
Peer Relationships	Sexual Issues
Family conflict	Depression
School Problems (academic & behavioral)	Grieving
Terminal Illness	Addiction
Anxiety	Parental Abuse
Self-Mutilation	Religious Conflict
	Addiction

The listing below is representative of referral sources during the course of the year. Youth Service Bureau clients consisted of 42% males and 58% females. Police and school accounted for 70% of total referrals. Friends and former clients referred 20% of clients.

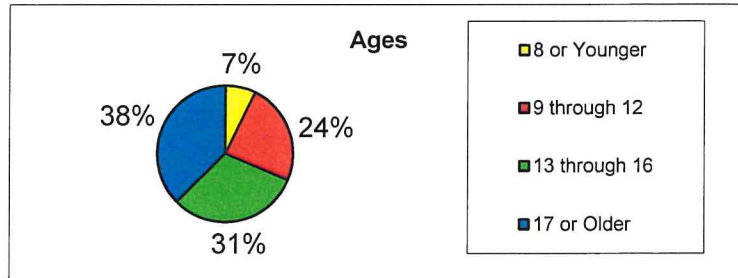
Americana Elementary School	Lake Park High School –East
Bloomington Police Department	Lake Park High School – West
Carol Stream Police Department	Marquardt Middle School
Cloverdale Elementary School	Medinah Intermediate School
Former client/friend	Medinah Middle School
Department of Children and Family Services	Medinah Primary School
DuJardin Elementary School	Roselle Middle School
Dupage County Health Department	Roselle Police Dept
Erikson Elementary School	Self
Greenbrook Middle School	Schaumburg Township
Glenbard North High School	Springwood Middle School
Glendale Heights Police Dept.	Streamwood Behavioral Health Center
Glenside Middle School	Waterbury Elementary School
Jay Stream Middle School	Western Trails Elementary
Hanover Park Police Department	Westfield Middle School

SUMMARY OF CLIENTS SERVED BY PROGRAM

COUNSELING

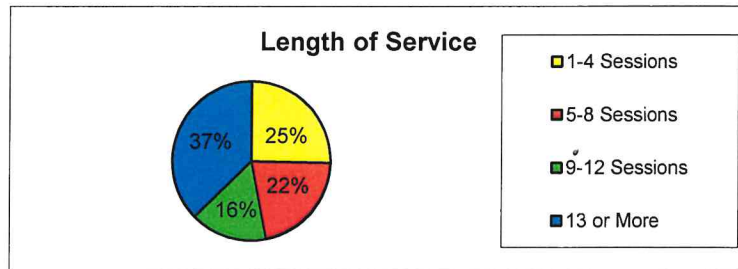
CLIENTS SERVED BY AGE

8 or Younger	6
9 through 12	20
13 through 16	26
17 or Older	31



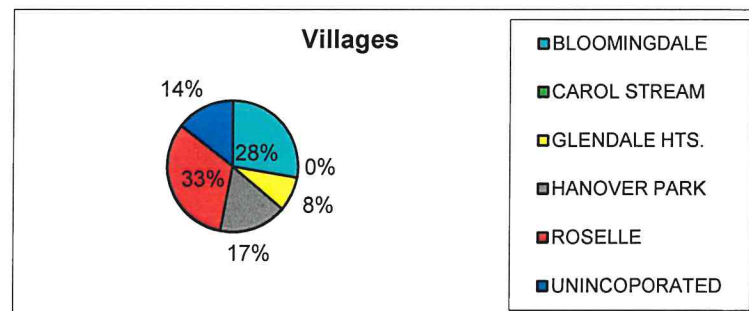
CLIENTS SERVED BY LENGTH OF SERVICE

1-4 Sessions	21
5-8 Sessions	18
9-12 Sessions	13
13 or More	31



CLIENTS SERVED BY VILLAGE

BLOOMINGDALE	23
CAROL STREAM	0
GLENDALE HTS.	7
HANOVER PARK	14
ROSELLE	27
UNINCOPORATED	12



CLIENT'S THOUGHTS AND REFLECTIONS

One of the best ladies I have ever met.

I have been very fortunate to have received such profession service (for free.)

Chelsea has provided stability and guidance.

Her suggestions were helpful.

She really cares for her clients and their wellbeing.

If it was not for Dawn one of us might not be here today. The family counseling at Bloomingdale Township really helped.

I feel like since before therapy it's been 360' change in me.

“Keep it simple.”

Chelsea has been able to encourage us to positively move forward while giving guidance as issues come up.

After a couple sessions the kids opened up with trust and have been able to confide in her.

Our family would plan and look forward to our session time.

I have learned boundaries with my family along with so many tools.

Dawn was great to work with. She was very understanding and considerate. I give her a 12 on a 10 scale. She is amazing.

Presented a complete system or strategy for keeping communication open between teens and parents.

I am grateful for this experience.

We did not know the meaning of Bloomingdale Township Youth Service Bureau. If it wasn't for Dujardin School telling me to contact, you only God know where we might be today.

SEMINARS AND CONFERENCES

The Gut-Brain Connection: Facts, fads, & Fallacies

Institute for Natural Resources: Dr. Gina Willett

May 3, 2019

Distracted and Disorganized Kids in a Digital Generation

PESI: Aubrey Schmalle, OTR/L, SIPT, Embassy Suites- Naperville

May 9, 2019

A Guide to Vision Boarding

Association of Illinois Township Committees on Youth: Susan Fackler, LCSW, CADA, RYT,
Ela Township

May 23, 2019

ACCESS Meeting

Bloomingtondale Township Mental Health Auxiliary

June 21, 2019

Adolescent Substance Use/Misuse

Association of Illinois Township Committees on Youth: Mark Myers LCSW, CADC, Warren
Township

August 23, 2019

DuPage Juveniles Officers Association- General Meeting

Retired detective Mike Drugan, Dupage County Sheriffs Depts, Wheaton

September 25, 2019

The Bloomingtondale Character Counts Celebration

Olde Towne Park, Bloomingtondale

October 8, 2019

High School Social Workers West Suburbia

Social Workers of Lake Park High School, East Campus.

October 11, 2019

Acknowledgement of Mandated Reporter Status

Dept. of Children and Family Services, State of Illinois- Webinar

October 15, 2019 (Webinar, various dates)

Clinical Applications of the Polyvagal Theory.

PESI: Dr. Stephen Porges

October 18, 2019

DuPage Juvenile Officers Association- Fall Conference

Gary L Sigrist, Dr. Carrie Steiner, Dana Pavlu, The Diplomat, Elmhurst
October 23, 2019

Voice Lessons for Parents- How, Why and When to Listen.

Glenbard Parent Series- Marquardt School District 15 Admin Center, Glendale Heights.
October 30, 2019

Impact of Marijuana on Youth Township Community

Association of Illinois Township Committees on Youth: Aaron Weiner, PhD
November 11, 2019

Launching of Youth Landing and Entertainment Center

About Behavioral Change: GoLeft Youth Center, Roselle
November 27, 2019

Mindfulness-Based Interventions: A Step-by-step Guide to Improve Clinical Outcomes

PESI: R. Brian Denton, Psy.D, PH.D.
December 6, 2019

Hanover Police Department Social Service Meeting

Hanover Police Department: Tricia Rossi, LCSW/Police Social Worker
December 9, 2019

Mental Health Forum

Bloomingtondale Township Mental Health Auxiliary: Dr. Brenda Huber, Roselle Fire Station
February 7, 2020

High School Social Workers West Suburbia

DuPage ROE: Dr. Ivette M. Dubiel, Lake Park East
February 21, 2020

Identifying and Responding to Human Trafficking

Association of Illinois Township Committees on Youth: KT McClure-Gonzales, Hanover
Township
February 27, 2020

Collaborative Meeting of Bloomingtondale Township Social Services

Bloomingtondale Township Mental Health Auxiliary: Glenside Library
March 6, 2020

MEMBERSHIPS

American Counseling Association (ACA)

Association of Illinois Township Committees on Youth (A.I.T.C.O.Y.)

Bloomingtondale CHARACTER COUNTS! Coalition

DuPage County Juvenile Officers Association (DJOA)

State of Illinois — Department of Professional Regulation