

**A N N U A L
R E P O R T**

2022—2023

**BLOOMINGDALE TOWNSHIP
YOUTH SERVICE BUREAU**

**MICHAEL D. HOVDE, JR.,
SUPERVISOR**

BLOOMINGDALE TOWNSHIP YOUTH SERVICE BUREAU

ANNUAL REPORT

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BLOOMINGDALE TOWNSHIP

YOUTH SERVICE BUREAU

STAFF

Ray Wanders, Administrator

Dawn Arimura, Clinical Supervisor/Family Therapist

Deanne Pacione, Family Therapist

Siomy Nambo, Family Therapist

BLOOMINGDALE TOWNSHIP

YOUTH SERVICE BUREAU

PURPOSE

The purpose of the Bloomingdale Township Youth Service Bureau shall be to provide a comprehensive program of human resources to meet the unique needs of our youth and their families. Efforts will be made to identify the needs and problems of young people and when appropriate, their family systems. These problems will be brought to the attention of the community by sharing resources and skills in an effort to resolve these problems.

The Bureau may provide direct services to assist young people and their families in working through their problems, and also may involve young people in a wide range of activities that will enable them to seek out their own identity and community.

FISCAL YEAR SUMMARY

The Bloomingdale Township Youth Service Bureau remains committed to making family and youth services available to the residents of Bloomingdale Township. We have entered our 52nd year of service to the community.

We are living in interesting times. We are learning and teaching coping skills daily. The future for children today is focused on the continuing concerns about healthcare, financial security, and violence. The Youth Service Bureau is a community-based agency that routinely delivers the kind of resource proven to be effective in helping children and their families move toward finding workable solutions. Covid-19 brought many challenges to our clients. Food insecurity and dependable internet became the focus for low-income families. Staff continue to connect families to emergency financial assistance. We will be adaptable as we go forward to meet the challenges of mental health needs for the community.

The Youth Bureau Service staff participates in professional development and community outreach programs throughout the year. Many of the seminars and conferences are continuing education necessary for Illinois Department Financial and Professional Regulation licensing. Please refer to pages 8-9 for the complete list.

The community-sponsored events held during the year continue to be a combination of virtual, hybrid and in-person meetings. Events that were maintained included: Bloomingdale Character Counts Coalition, Red Ribbon Week, the League of Women Voters (Roselle-Bloomingdale), Association of Illinois Township Committees on Youth (hybrid), Township Officials of Illinois, and the DuPage Juvenile Officers Association.

The 2022-2023 Annual Report was the joint effort by Dawn Arimura, Deanne Pacione, Siomy Nambo, Lori Lanzito, and Marilyn Link. The staff of the Youth Service Bureau has reviewed the past fiscal year and respectfully submits the following Annual Report.

BTYSB SERVICES FOR 2022-2023
Counseling

The Family Counseling Program is designed to offer parents and their children an opportunity to engage in a process by which problems are discussed in a constructive and effective way. On-line and hybrid schooling presented a new set of challenges for parents. Coaching parents to use incentives, natural and logical consequences (failing a class) and tracking homework on-line are tools that are taught to parents and guardians.

The Family Counseling Program stands ready to work constructively with families on issues that are becoming part of our social fabric. The expansion of counseling services to the underserved 18-25-year-old population assists them with the launch into adulthood. Young adults account for 54% of the current clients. Grandparents bringing up grandchildren represent 3% of the families seeking counseling. The Family Counseling Program is designed to help create a dialogue by which all family members are educated, problem issues are clarified, and solutions are defined.

Helping youth with school-related problems is another service provided by the Family Counseling Program. Here, parents and their children discuss with counseling staff anything from ways to improve study habits or personalizing special education packets to enrolling in low-income internet connection programs. The families are referred to the township from a variety of sources. School and local police departments refer 69% of the clients to the Family Counseling Program.

Working cooperatively with various community groups, such as the police, schools, food pantries and community mental health agencies allows the Family Counseling Program to deliver more concise and timely assistance to youth and their families.

PRESENTING PROBLEMS AND REFERRAL SOURCES

The primary presenting problems for Counseling Services during 2022-2023 were the following:

Divorce Issues	Aggression & violence
Use/Sale of Drugs	Self-concept/Self Esteem
Peer Relationships	Sexual Issues
Family conflict	Depression
School Problems (academic & behavioral)	Grieving
Terminal Illness	Addiction
Anxiety	Parental Abuse
Self-Mutilation	Religious Conflict
	Addiction

The listing below is representative of referral sources during the year. Youth Service Bureau clients consisted of 32% males and 68% females. Police and school accounted for 83% of total referrals. Friends and former clients referred 14% of clients.

Americana Elementary School	Hanover Park Police Department
Bloomington Police Department	Lake Park High School –East
Carol Stream Police Department	Lake Park High School – West
Cloverdale Elementary School	Marquardt Middle School
Former client/friend	Medinah Intermediate School
Department of Children and Family Services	Medinah Middle School
DuJardin Elementary School	Medinah Primary School
DuPage County Health Department	Roselle Middle School
DuPage County Sheriff's Department	Roselle Police Department
Erikson Elementary School	Self
Greenbrook Middle School	Schaumburg Township
Glenbard North High School	Springwood Middle School
Glendale Heights Police Dept.	Streamwood Behavioral Health Center
Glenside Middle School	Waterbury Elementary School
Jay Stream Middle School	Western Trails Elementary
	Westfield Middle School

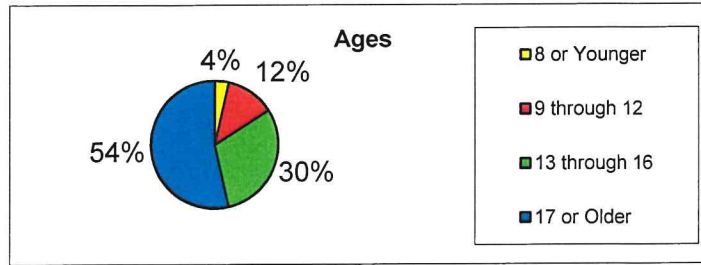
**YOUTH SERVICES BUREAU
STATISTICS FOR ANNUAL REPORT
4/1/22- 3/31/23**

COUNSELING

**CLIENTS SERVED
BY AGE**

- 8 or Younger
- 9 through 12
- 13 through 16
- 17 or Older

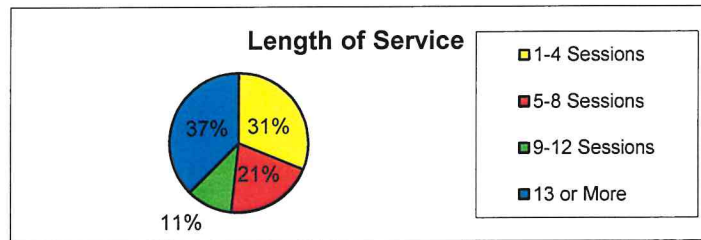
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- 14
- 34
- 60



**CLIENTS SERVED
BY LENGTH OF SERVICE**

- 1-4 Sessions
- 5-8 Sessions
- 9-12 Sessions
- 13 or More

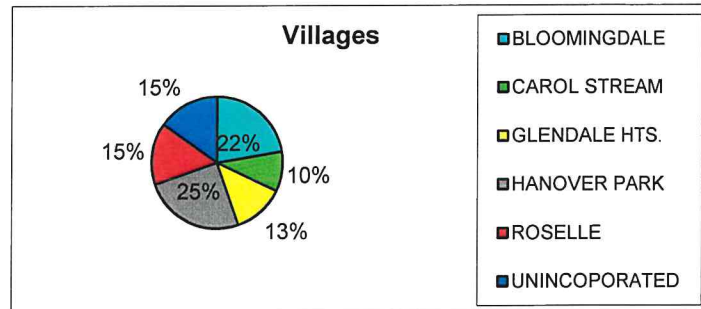
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- 12
- 42



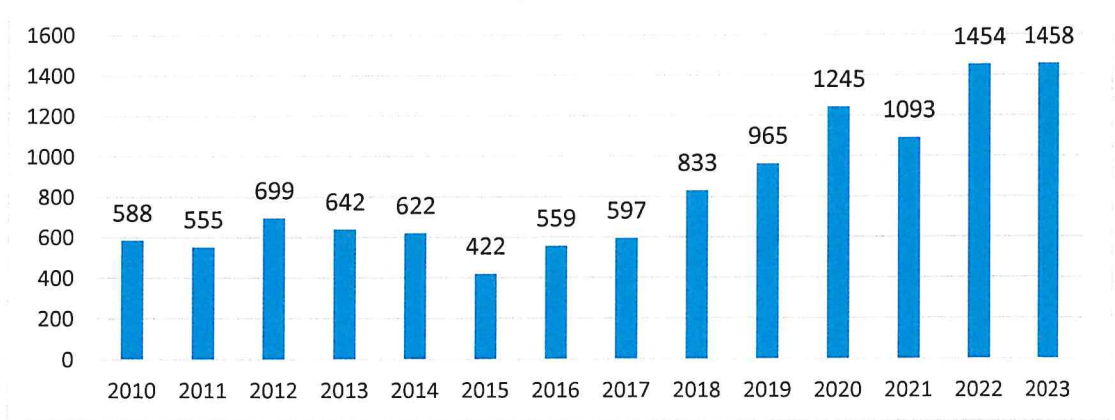
**CLIENTS SERVED
BY VILLAGE**

- BLOOMINGDALE
- CAROL STREAM
- GLENDALE HTS.
- HANOVER PARK
- ROSELLE
- UNINCOPORATED

- 25
- 11
- 14
- 28
- 17
- 17



Counseling Hours per Year



CLIENT'S THOUGHTS AND REFLECTIONS

She taught me to trust my intuition and that I cannot control other people's actions.

Overall, a positive experience: accessibility, no cost.

I've learned a lot about myself and have been able to use those tools to my advantage.

I love that it is free otherwise I never would have gotten this help.

It has helped a lot dealing with my issues.

The individual counseling has been very helpful to my health.

I am very grateful for the services my family received during a very challenging time.

Dawn made a great first impression by being warm, friendly, caring and concerned with my wellbeing.

It has been a positive experience so far and has become part of our routine.

I feel she really did great helping me to learn more about my feelings.

She made sure we got food from the food pantry when I was working and could not get to the food pantry.

In the time that I have spent with Dawn, I cannot believe the changes that have occurred.

I feel very positive and uplifted after each session.

Chelsea offered my daughter and I great insight and support during a very challenging time.

Each session I feel better, stronger, and more capable than ever in my life.

Therapy was great and helped me a lot especially relations with my family and myself,

She has taught me family and me some of the most positive and powerful things I know.

My daughter was able to implement very useful tools she learned in our sessions.

Very easy person to talk to and very understanding.

SEMINARS AND CONFERENCES

Association of Illinois Township Committees on Youth (AITCOY)

Executive Board Meetings

April 28, 2022, June 23, 2022, September 22, 2022, February 23, 2023,
March 23, 2023.

Business Meetings

August 25, 2022, November 14, 2022, January 16, 2023

High School Social Workers of West Suburbs (HSSWWS)

May 6, 2022; November 19, 2022; January 20, 2023

Bloomingtondale Children's Network

Brenda Huber

Biweekly meetings 4/8/2022-3/10/2023

Bloomingtondale Character Counts Coalition

Executive Board Meeting

April 7, 2022, May 5, 2022, June 2, 2022, August 4, 2022; September 1, 2022;
October 5, 2022; November 3, 2022; December 1, 2022; January 5, 2023,
February 2, 2023; March 2, 2023.

League of Women Voters, Roselle-Bloomingtondale

Grant Review of the Bloomingtondale Township 708 Mental Health Grant

April 19, 2022

Bloomingtondale Township Food Pantry Assistance

April 29, 2022, May 13, 2022, May 20, 2022, May 27, 2022, June 3, 2022,
June 10, 2022, June 17, 2022, July 15, 2022.

Mental Health Summit

State Representative Terra Costa Howard

July 19, 2022

Bloomingtondale Character Counts Coalition: Awards Breakfast

August 13, 2021

The Value of Self-Care

Oak Park Township, Association of Illinois Township Committees on Youth

August 25, 2022

Sexual Harassment Prevention Training
State of Illinois, Department of Human rights
September 9, 2022

Glendale Heights Health and Safety Fair
Glendale Heights Hub
October 5, 2022

Township Management Academy
Northern Illinois University
November 4, 2022, November 18, 2022

Improving the Trajectory: Best Practices in Supporting and Improving Outcomes for Youth
Association of Illinois Township Committees on Youth
November 14, 2022

Youth in a Pandemic: What We Know About the Impact related to Substance Use and Mental Health
Association of Illinois Township Committees on Youth
November 14, 2022

Summit on Youth Violence
Hanover Township
November 30, 2022

Mandated Reporter for Child Abuse
Illinois Mental Health Counselors
February 8, 2023

Alzheimer's Webinar
Illinois Mental Health Counselors
February 10, 2023

Implicit Bias Training
Illinois Mental Health Counselors
February 10, 2023

Implicit Bias Training
Association of Illinois Township Committees on Youth
February 23, 2023

MEMBERSHIPS

American Counseling Association (ACA)

Association of Illinois Township Committees on Youth (A.I.T.C.O.Y.)

Bloomington CHARACTER COUNTS! Coalition

DuPage County Juvenile Officers Association (DJOA)

State of Illinois — Department of Professional Regulation