

**A N N U A L
R E P O R T**

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**BLOOMINGDALE TOWNSHIP
YOUTH SERVICE BUREAU**

**MICHAEL D. HOVDE, JR.,
SUPERVISOR**

BLOOMINGDALE TOWNSHIP YOUTH SERVICE BUREAU

ANNUAL REPORT

TABLE OF CONTENTS

Staff..... 1

Purpose..... 2

Fiscal Year Summary..... 3

Services..... 4

Presenting Problems and Referral Sources..... 5

Summary of Clients Served and Counseling Hours Per Year..... 6

Client’s Thoughts and Reflections..... 7

Seminars, Conferences, and Training..... 8-10

Memberships..... 11

BLOOMINGDALE TOWNSHIP

YOUTH SERVICE BUREAU

STAFF

Ray Wanders, Administrator

Dawn Arimura, Clinical Supervisor/Family Therapist

Chelsea Gieseke, Family Therapist

BLOOMINGDALE TOWNSHIP
YOUTH SERVICE BUREAU

PURPOSE

The purpose of the Bloomingdale Township Youth Service Bureau shall be to provide a comprehensive program of human resources to meet the unique needs of our youth and their families. Efforts will be made to identify the needs and problems of young people and when appropriate, their family systems. These problems will be brought to the attention of the community by sharing resources and skills in an effort to resolve these problems.

The Bureau may provide direct services to assist young people and their families in working through their problems, and also may involve young people in a wide range of activities that will enable them to seek out their own identity and community.

FISCAL YEAR SUMMARY

The Bloomingdale Township Youth Service Bureau remains committed to making family and youth services available to the residents of Bloomingdale. We have entered our **51st** year of service to the community.

We are living in interesting times. We are learning and teaching coping skills daily. The future for children today is focused on the continuing concerns about healthcare, financial security, and violence. The Youth Service Bureau is a community-based agency that routinely delivers the kind of resource proven to be effective in helping children and their families move toward finding workable solutions. Covid-19 brought many challenges to our clients. Food insecurity and dependable internet became the focus for low-income families and students. Staff expanded into assisting food pantries, food delivery to senior citizens, and connecting families to emergency financial assistance. We will be adaptable as we go forward to meet the challenges of mental health needs for the community.

The Youth Bureau Service staff participates in professional development and community outreach programs throughout the year. Many of the seminars and conferences are continuing education necessary for Illinois Department Financial and Professional Regulation licensing. Please refer to pages 8-9 for the complete list.

Covid-19 interrupted participation in community-sponsored events held during the year. Events that were maintained included: Bloomingdale Character Counts Coalition (virtual), Red Ribbon Week, the Association of Illinois Township Committees on Youth (virtual), Township Officials of Illinois (virtual), and the DuPage Juvenile Officers Association (virtual.) There is a return some in-person events.

The 2021-2022 Annual Report was the joint effort by Karen Kramer, Marilyn Link, Chelsea Gieseke and Dawn Arimura. The staff of the Youth Service Bureau has reviewed the past fiscal year and respectfully submits the following Annual Report.

BTYSB SERVICES FOR 2021-2022
Counseling

The Family Counseling Program is designed to offer parents and their children an opportunity to engage in a process by which problems are discussed in a constructive and effective way. On-line and hybrid schooling presented a new set of challenges for parents. Coaching parents to use incentives, natural and logical consequences (failing a class) and tracking homework on-line are tools that are taught to parents and guardians.

The Family Counseling Program stands ready to work constructively with families on issues that are becoming part of our social fabric. The expansion of counseling services to the underserved 18-25-year-old population assists them with the launch into adulthood. Young adults account for 46% of the current clients. Grandparents bringing up grandchildren represent 5% of the families seeking counseling. The Family Counseling Program is designed to help create a dialogue by which all family members are educated, problem issues are clarified, and solutions are defined.

Helping youth with school-related problems is another service provided by the Family Counseling Program. Here, parents and their children discuss with counseling staff anything from ways to improve study habits or personalizing special education packets to enrolling in low-income internet connection programs. The families are referred to the township from a variety of sources. School and local police departments refer 69% of the clients to the Family Counseling Program.

Working cooperatively with various community groups, such as the police, schools, food pantries and community mental health agencies allows the Family Counseling Program to deliver more concise and timely assistance to youth and their families.

PRESENTING PROBLEMS AND REFERRAL SOURCES

The primary presenting problems for Counseling Services during 2021-2022 were the following:

Divorce Issues	Aggression/Violence
Use/Sale of Drugs	Self-concept/Self-esteem
Peer Relationships	Sexual Issues
Family Conflict	Depression
School Problems (academic & behavioral)	Grieving
Terminal Illness	Addiction
Anxiety	Parental Abuse
Self-Mutilation	Religious Conflict
	Addiction

The listing below is representative of referral sources during the year. Youth Service Bureau clients consisted of 32% males and 73% females. Police and School accounted for 70% of total referrals. Friends and former clients referred 28% of clients.

Americana Elementary School	Lake Park High School-East
Bloomington Police Department	Lake Park High School-West
Carol Stream Police Department	LPHS Transitional Assistance Program
Cloverdale Elementary School	Marquardt Middle School
Department of Children and Family Services	Medinah Intermediate School
DuJardin Elementary School	Medinah Middle School
DuPage County Health Department	Medinah Primary School
DuPage County Sheriff's Department	Roselle Middle School
Erickson Elementary School	Roselle Police Department
Former Client/Friend	Self
Glenbard North High School	Schaumburg Township
Glendale Heights Police Dept.	Springwood Middle School
Glenside Middle School	Streamwood Behavioral Health Center
Greenbrook Middle School	Waterbury Elementary School
Hanover Park Police Department	Western Trails Elementary
Jay Stream Middle School	

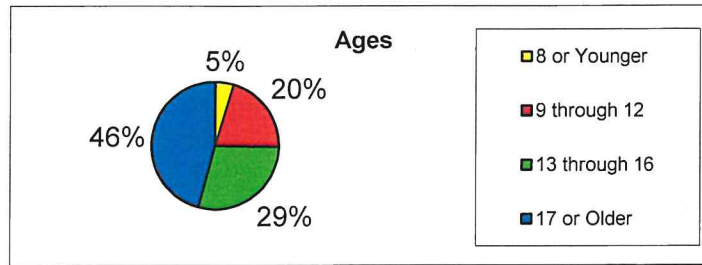
**YOUTH SERVICES BUREAU
STATISTICS FOR ANNUAL REPORT
4/1/21 - 3/31/22**

COUNSELING

**CLIENTS SERVED
BY AGE**

- 8 or Younger
- 9 through 12
- 13 through 16
- 17 or Older

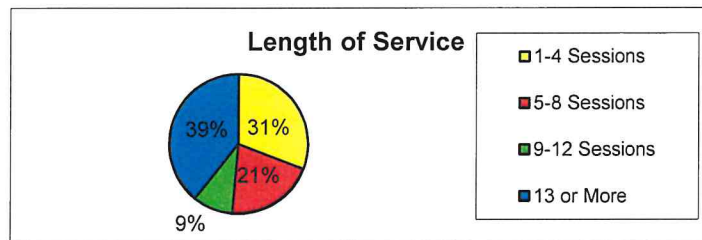
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22
31
49



**CLIENTS SERVED
BY LENGTH OF SERVICE**

- 1-4 Sessions
- 5-8 Sessions
- 9-12 Sessions
- 13 or More

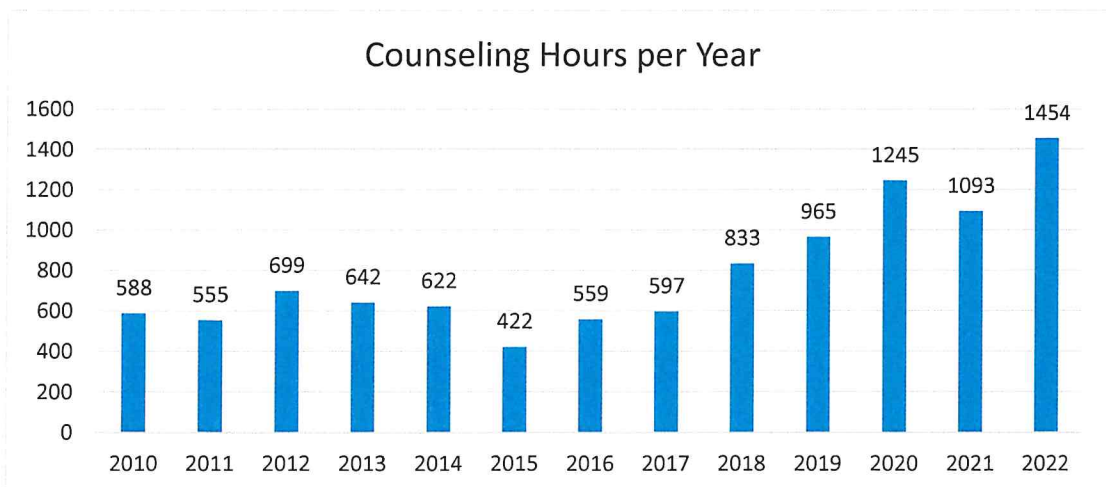
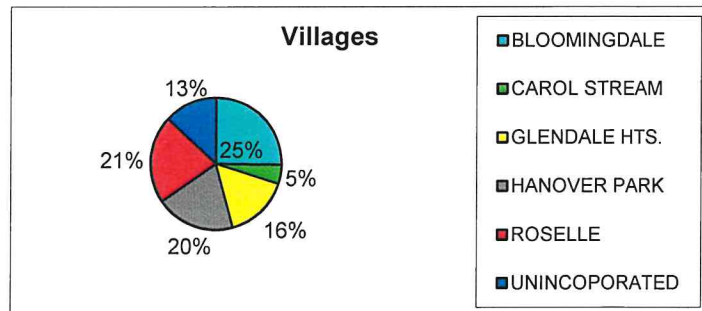
33
22
10
42



**CLIENTS SERVED
BY VILLAGE**

- BLOOMINGDALE
- CAROL STREAM
- GLENDALE HTS.
- HANOVER PARK
- ROSELLE
- UNINCOPORATED

27
5
17
21
23
14



CLIENT'S THOUGHTS AND REFLECTIONS

Chelsea offered my daughter and I great insight and support during a very challenging time.

I've learned a lot about myself and have been able to use those tools to my advantage.

It has helped a lot dealing with my issues.

The individual counseling has been very helpful to my health.

I am very grateful for the services my family received during a very challenging time.

Dawn made a great first impression by being warm, friendly, caring and concerned with my wellbeing.

It has been a positive experience so far and has become part of our routine.

I feel she really did great helping me to learn more about my feelings.

She made sure we got food from the food pantry when I was working and could not get to the food pantry.

In the time that I have spent with Dawn, I cannot believe the changes that have occurred.

I feel very positive and uplifted after each session.

Each session I feel better stronger, and more capable than ever in my life.

Therapy was great and helped me a lot especially relations with my family and myself,

She has taught me family and me some of the most positive and powerful things I know.

My daughter was able to implement so very useful tools she learned in our sessions.

Very easy person to talk to and very understanding.

She was very competent and excellent in handling my issues.

Your staff has been an integral piece to helping us all.

She always offers a solution or a different, positive perspective.

SEMINARS AND CONFERENCES

Association of Illinois Township Committees on Youth (AITCOY)

Executive Board Meetings

April 22, 2021, June 6, 2021, September 23, 2021, February 24, 2022,
March 24, 2022

Business Meetings

May 27, 2021, August 26, 2021, November 15, 2021, January 27, 2022

High School Social Workers of West Suburbs (HSSWWS)

April 23, 2021; October 8, 2021; December 3, 2021; March 18, 2022.

Bloomington Children's Network

Brenda Huber

Biweekly meetings 4/23, 2021 through March 25, 2022

Bloomington Character Counts Coalition

April 7, 2021, May 5, 2021, June 2, 2021, August 4, 2021; September 1, 2021;
October 6, 2021; November 3, 2021; December 1, 2021; February 2, 2022;
March 2, 2022.

Itasca Park District Covid-19 Vaccination Clinic

April 13, 2021

Suicide: Identification, Intervention, and Prevention Skills Every Clinician Needs

American Counseling Association: Self study

May 20, 2021

Lake Park Board of Trustees Mission Steering Committee

May 25, 2021, June 16, 2021, July 21, 2021, September 22, 2021

Sex, Drugs, and Netflix: Interpreting Substance Use and Mature Content with Teenager

Association of Illinois Township Committees of Youth (AITCOY): Aaron Weiner, PhD.

May 27, 2021

Bloomington Character Counts coalition: Awards Breakfast

August 11, 2021

Heading Back to School: Engaging our Students, Educators and Families.

Association of Illinois Township Committees of Youth (AITCOY): Jacqueline Rhew, LCPC, CADC

August 26, 2021

Signs of Suicide Screening Assessments

Lake Park High School- East

September 12, 2021, January 31, 2022

Trauma Informed Supervision: Strategies to Avoid Burnout

Illinois Mental Health Counselors Association

September 21, 2021

Mental Health RoundTable

Riveredge Hospital and Cicero School District 99: Dr. Aldo Calderin- Superintendent

September 22, 2020

Addressing Ethics and Best Practices in Supervision

Illinois Mental Health Counselor Association: Toni R Tollerud

November 16, 2021

Self-Care and Stress Management

DuPage Regional Office of Education (DROE): Elizabeth Franssen

December 3, 2021

Difficult Conversations: How to Discuss what Matters Most

Regional Office of Education: Book Study

February 2, 2022

Group, Peer, and Triadic Supervision Strategies: Best Practices

Illinois Mental Health counselors Association

February 23, 2022

Food for your Mood: Understanding the Connection Between Nutrition and Mental Health

AITCOY: Kristen Smith, RN, BSN

February 24, 2022

ROE- Attendance Series

DuPage Regional Office of Education: Dr. Patricia Graczyk

February 8, 2022: Data Focus

February 22, 2022: Promoting a Culture of Attendance for All Students

March 10, 2022: Addressing Early Signs of School Refusal

March 22, 2022: Interventions to Support Students with Significant School Absences

Behavioral Challenges: An Integrated Mind/Body Approach to Solving Behavioral Challenges and Developmental Differences

Cooperative Association for Special Education: Mona Delahooke, PhD

March 4, 2022

Overview of an Integrated MTSS Framework

DROE: Dr. Patricia Graczyk

March 18, 2022

Trauma

Regional Office of Education- Podcast Course

March 29, 2022

MEMBERSHIPS

American Counseling Association (ACA)

Association of Illinois Township Committees on Youth (A.I.T.C.O.Y.)

Bloomington CHARACTER COUNTS! Coalition

DuPage County Juvenile Officers Association (DJOA)

State of Illinois — Department of Professional Regulation