# BLOOMINGDALE TOWNSHIP MENTAL HEALTH BOARD MINUTES OF THE MEETING OF OCT. 2, 2019

This meeting of the Bloomingdale Township Mental Health Board was called to order by Chairperson, Dominick Lanzito, at 6:30 p.m.

## Pledge of Allegiance

**Roll Call:** Marco Parducci, Kim Cline, Michael McGinn, Kirk Etapa, Dominick Lanzito, Diana Eckert. Absent – Dave Rogers. A quorum is present.

Also present: Michael Murray, Mark Langan, Barbara Cerny, Saima Azfar, David Zverow, Steve Herron, Colleen Martinez, Cheryl Hazek, Nancy Watkins, Chappy Ferrer, James Mukoyama, Peggy Ott, Becky Beilfuss, Suzanne Baber, Diaonna Arano, Craig Watson, Mary Crick, Ashik Rahman, Carole Arco, Rogene Lis, Wayne Domke, Tony Navackis, Jim Knebel

#### **Public Comment:**

The board then opened the floor for public comment. Chairman Lanzito reminded the board of the League of Women Voters meeting on Tues., Oct 8, 6:00-8:00 at Lynfred Winery at which he will be introduced.

#### **Approval of Minutes:**

A motion was made by Michael McGinn to approve the minutes from the meeting of Sept 25, 2019 Township MHB . Seconded by Kirk.

Ave: Marco, Michael, Kim, Kirk, Dominick, Diana Absent: Dave Rogers Motion carries.

## **Correspondence:**

A motion was made by Dominick, seconded by Michael to place on file correspondence received. Aye: Marco, Michael, Kim, Kirk, Dominick, Diana. Absent: Dave Rogers Motion carries.

## **Review of Grant Applications**

#### **Grant Presentations:**

**ICNA Relief** – David Zverow and Saima Azfar. Dr. Azfar started with a story about a female victim of domestic violence case. She was a refugee who spoke no English, had a family but no job, and had mental health issues. Eventually ICNA will refer her to Bridge Communities. ICNA was able to help

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her with a transitional housing program and counseling. ICNA receives 1-2 phone calls a week from mosques regarding domestic violence victims. They receive no government funding. They have helped over 800 families. They have two food pantries. Dominick asked if the grant will be for a new program or an extension — will be for 30 new families. Mike McGinn asked about counselors at Glendale Heights. Diana asked about their follow up — they have case managers, mentors, partner with Khalil Center and Bridge Communities, in touch with 5 area mosques.

Kaizen Health – Tony Navickas and Jim Knebel. Jim began with the fact that transportation effects getting help. 2 sides to their business – access to transportation and provide clients ability to schedule rides. They work with hospitals, senior centers (and more). Transportation can be for health care, grocery stores, and/or pharmacy and more. Tony talked about their contract with McHenry County MHB. They arranged for 1500 rides helping 294 people. Started with \$30,000 in a year, increased to \$40,000 mid-year, then \$70,000. Next year McHenry Co MHB will budget \$80,000 with Kaizen. Mike asked about the exposure with the drivers, is insurance required and is there an umbrella policy – they do background checks and there is a \$1,000,000 umbrella policy on every transportation provider. Dominick asked how many people would be served with the \$27,000 grant – they estimate 100 rides per month in Bloomingdale Township. The average ride is \$20 ea way and a \$4 admin fee ea way. Diana pointed out that Kaizen Health is here as a result of their presentation at an ACMHAI conference.

Military Outreach – Jim Mukoyama and Chappy Ferrer. Jim explained that this is a faith-based non-profit for veterans and first responders. They use a network of different houses of worship. Chappy said their mantra is "When you can't run you walk, when you can't walk you crawl, when you can't crawl, we will carry you." 140 veterans are now in their own, furnished apartments. They are requesting funding for two programs – VEHP (Veterans Exiting Homelessness Program) and SBMH (Stand by Me Homeless Program), providing furnishings for apartments and counseling, while getting them ready to go the VA for further assistance. 7 million veterans in country that will not go the VA. The Bloomingdale VFW is very active this year in this organization. Dominick asked how many additional veterans they will treat in our township – can't give us exact number. Marco verified the two programs. Diana asked how many live in our township – the VA doesn't give address them that information.

Ray Graham Association for People with Disabilities – Jim Langan said they serve 2000 individuals and families, are an accredited 501c-3 non-profit. They want to renew and expand their Employment Services Program. They made presentations to students with IEP's at Lake Park H.S. and want to expand to Glenbard North and East. They target people with developmental disabilities for finding and retaining employment. They establish a support system with employer and employee. Kim

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asked if they just target ages 18 and 19 - they want to include freshman and sophomores. Parents are part of their plan. They help people 18-64 years old. Diana asked if the person had to have in IEP - no, they also help people out of high school that have learning disabilities.

**Teen Parent Connection** – Becky Beilfuss and Suzanne Baber. 2020 will be the 35th anniversary of this org. They help adolescent parents from 12-23 years old. Have served 522 families, 153 live in Bloomingdale Township. 90 % have 1 or more ACE indicator (Adverse Childhood Experience). 60% suffer from depression. They see 3,000-4,000 students in schools. Program is for both young mothers as well as fathers. Oct. 27 is their annual fundraiser, Festival of Friends, at Medinah CC, \$55 ea. Diana asked if we are being asked to fund the home visits or pregnancy prevention – answer is both.

Trinity Adult Day Services – Nancy Watkins, Director. ¾ of their participants come from Bloomingdale Township. All need care, some have depression and or Alzheimer's disease. Have had 500 participants in the past, currently 25. They provide respite and support for the caregivers. They have a full and half day cost effective rate. Dominick asked how many families in Bloomingdale Township last year – 15. Gave scholarships to 2 individuals so far with last year's grant award from township MHB. Wayne Domke spoke about how good the care was for his mother-in-law there for 7 years, that they provided aging with dignity. Transportation problem last year, so they are planning to forfeit that portion of last year's grant and did not include in this year's request. Dominick reminded them that they have 18 months to use the grant.

Village of Roselle Police Department – Police Chief Steve Herron. This grant request is to make the current police and fire counselor/therapist position a full-time position. Since the counselor started, there has been 119 clients, of which 102 are from Bloomingdale Township. 20 of those clients were repeats and 3 hours is spent with each client. The primary hours of need for this position is from noon to 8:00 p.m. The police department works with both Alexian, Central DuPage and Glen Oaks hospitals.

**YWCA Metropolitan Chicago** – Marianne Pokorny and Cheryl Hazek. Queen Bee school now wants to utilize this org's services. They use the Minnesota Executive Function Screen, a normed and validated tool. They are in school dist 93 and Daylight and Mini Steps daycare centers. Kim asked about getting parents involved – they have a parent engagement meeting. They meet one on one and use the scores in parent teacher conferences. Diana clarified that they are requesting two separate grants.

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**Public Comment –** Mary Crick suggested the Bloomingdale Township hire a social worker to serve many locations.

**Adjournment:** There being no other business, Dominick Lanzito moved to adjourn the meeting. Kim Kline seconded the motion. Motion approved by all present. Meeting adjourned at 8:05 p.m.

Respectfully submitted,

Diana Eckert, Mental Health Board Member